



RECAMFT THERAPY GROUPS

~SEPT/OCT/NOV 2023~

~~~GROUPS FOR WOMEN~~~

WOMEN'S GROUP, Renée Owen, LMFT. Ongoing, for clinicians and non-clinicians. Be enriched, inspired & energized. Develop & deepen intimacy skills. Support & process work, goal setting. Now Online. 25+ years experience. 415-847-1353 or reneeowen@sbcglobal.net
<https://therapists.psychologytoday.com/183422>

WOMEN'S RELATIONAL PROCESS GROUPS, Lois Friedlander, MFT Tues. 5:15pm and Wednesday 5:45pm eves, Goals: Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Ages: late 20's to mid 50's. Experienced, certified facilitator. Contact: 415-383-3337 lois@loismft.com <http://www.loismft.com/>

DIVORCE GROUPS FOR WOMEN ONLY, Susan Pease Gadoua, LCSW. Ongoing, Online biweekly groups provide community, emotional support and information - all stages divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings & situations. 415-448-6242.

HEALING HIKES: BREAKUP & DIVORCE SUPPORT GROUP, Jodie Stein, LMFT. Therapist led, outdoor workshop on nervous system regulation, social connection encouraged. Bi-Monthly Saturdays, Bay Area Locations vary, register online: <https://www.jodiestein.com/events>

~~~GROUPS FOR MEN~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON LAST PAGE

~~~CHILDREN, TEENS, & PARENTING GROUPS~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON LAST PAGE

~~~COED GROUPS~~~

INTIMACY GROUPS & SINGLES GROUP, Renée Owen, LMFT. Ongoing groups for singles, couples, or married. Also 9-wk grp for Singles. Create more success in relationships. Clinicians welcome. Online. 25+ years experience. 415-847-1353. reneeowen@sbcglobal.net
<https://therapists.psychologytoday.com/183422>

MIXED GENDER PROCESS GROUPS, Kim Ives Hicks, CGP, MFT.
Now online. (650) 737 1818
www.counselingforyou.com

SUPPORT GROUP FOR THE OVER 65, Ann Steiner, PhD, MFT, CGP, FAGPA Long-term, supportive psychodynamic process-oriented group for psychologically curious adults. Online Tues. 12:30-2:00. 925-962-0060 or DrSteiner@DrSteiner.com
Info: https://drsteiner.com/therapygrps_relationship.html

~~~SPECIALTY GROUPS~~~

MIXED GENDER RELATIONAL PROCESS GROUP, Lois Friedlander, MFT, Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Late 20's to mid 50's. Explore relational & behavioral style w/others. Thurs 5:15pm 415-383-3337 <http://www.loismft.com/>

ENNEAGRAM INQUIRY GROUP, Harriet Katz, LCSW. Spiritual-Psyche & Soul Body Approach helps guide your inner process of transformation & actualization of your True Nature. 34+ Yrs Diamond Approach. Call/Txt 707-544-8879 <http://www.TotalBeingPsychotherapy.com>

AUTONOMIC NERVOUS SYSTEM SKILLS GROUP, Wowlvenn Seward-Katmiller, LMFT, SEP. Every other Tuesday AM, Sebastopol. ANS education, skills practice for clients who already have an individual therapist. 707-787-0402

OPENING OUR HEARTS: PSYCHODRAMA FOR PERSONAL GROWTH, Sylvia Israel, LMFT, RDT/BCT, TEP. In person wknd, Marin, date TBD. Access spontaneity & creativity to connect to yr authentic self. No exp reqd. 415-454-7308 sylvia@imaginecenter.net BayAreaMorenoInstitute.com

CHRONIC PAIN & MEDICAL ISSUES GROUP, Ann Steiner, PhD, MFT, CGP, FAGPA Long-term supportive group for hidden disabilities, chronic pain, life-altering medical challenges. Reduces isolation. Members help each other make the most of life with limitations. Online Wed. 12:30-2:00. 925-962-0060 https://www.drsteiner.com/therapygrps_chronic.html

~~~GROUPS FOR THERAPISTS~~~

LONG TERM HYBRID THERAPY GROUP FOR PSYCHOTHERAPISTS, Geraldine Alpert, PhD Group meets on-line weekly, with bi-monthly in person meeting on weekend in San Rafael. Psychodynamic/interpersonal orientation. Group currently has 3 men and 5 women. 415-453-8969 Geraldine.Alpert@gmail.com

SOMATIC THERAPY GROUP FOR THERAPISTS, Wowlvenn Seward-Katzmiller, LMFT, SEP. Mondays AM, Sebastopol. Explore movement, touch, nervous system tracking. 707-787-0402

THERAPY GROUP FOR THERAPISTS, Ann Steiner, PhD, MFT, CGP, FAGPA Ongoing supportive, psychodynamic process-oriented group for personal and professional growth. A safe place to take off your therapist's hat. Online Thurs. 12:30-2:00. 925-962-0060 or DrSteiner@DrSteiner.com Info https://www.psychotherapytools.com/therapygrps_therapists.html

~~~WORKSHOPS & TRAININGS~~~

PSYCHODRAMA TRAINING WEEKENDS, MARIN, Sylvia Israel, LMFT, RDT/BCT, TEP. In person. Experiential methods to enliven & inspire both client & therapist. Access spontaneity & creativity w/powerful actions to add to your work. 415-454-7308 sylvia@imaginecenter.net

~~~CONSULTATION GROUPS~~~

CONSULTATION GROUPS, Renée Owen, LMFT. Practice building, general case consult and group therapy consult. Get help creating a thriving practice or running groups. 1x/mth, Now Online. 25+ years experience. 415-847-1353 or email reneeowen@sbcglobal.net <https://therapists.psychologytoday.com/183422>

CONSULTATION GROUP, Harriet Katz LCSW. Deepen perspective of soul's movement towards realization of True Nature; soul centered approach to understanding inner movement of psyche-soul-body. Includes Enneagram & the Body-Soul. 34+ Yrs Diamond Approach. Call/Txt 707-544-8879 www.TotalBeingPsychotherapy.com

BI-MONTHLY CONSULTATION GROUP, Geraldine Alpert, PhD, formerly Dir. Post-Doc Training at Kaiser, Assoc. Clin Prof. of Psychiatry at UCSF, Dir. of Group Therapy at McAuley Neuro psychiatric Inst. Input/support. 415-497-9479 Geraldine.Alpert@gmail.com

SOMATIC CONSULTATION GROUP FOR THERAPISTS, Wowlvenn Seward-Katzmiller, LMFT, SEP. Thursdays AM, Sebastopol. All somatic levels welcome. General concepts reviewed, specific cases and questions explored. 707-787-0402

Interpersonal Process Groups

Women's Group -Tuesday 5:15pm

Women's Group - Wednesday 5:45pm

Mixed Gender - Thursday 5:15pm

Process groups:

- Offer support + community during times of isolation
- Provide a safer, confidential setting to share our stories + emotional lives
- Allow us to focus on what's happening between people in the moment
- Ponder the ways we form and foster relationships
- Share our hopes and dreams for better social connection
- Provide a forum to share anxieties, grief, celebrations, or melancholy

Members Learn How To:

- Improve communication skills
- Expand their emotional lives
- Begin new relationships and decrease isolation
- Repair ruptured relationships
- Change unproductive relational behavior patterns



Fee: \$80 (90 min) - Sliding scale available

Contact me for a complimentary 20 minute phone consultation **415-383-3337**

Screening meetings are necessary prior to group participation to ensure a good match of group membership.

Find out more on my website: www.loismft.com

Lois Friedlander, MFT is an experienced clinician + confident Certified Group Psychotherapist, member of the clinical faculty, UCSF Dept. of Psychiatry, Faculty of the Group Psychotherapy Training Program @ The Psychotherapy Institute. She has been a workshop presenter at the American Association of Group Psychotherapy and developed graduate level group dynamics curriculum at the California Institute for Integral Studies.

PROCESS GROUP THERAPY

OPENINGS NOW!



KIM IVES HICKS, MFT, CGP

(650) 737-1818



HEAL EMOTIONAL EATING WITH SELF-COMPASSION



Course runs September 9th -
October 28th.

Saturdays 10:30am-12pm.

Cost is \$497

Register at

www.eatingwithselflove.com

or

<https://HealEmotionalEatingwithSelfCompassion.eventbrite.com>

ONLINE COURSE STARTING SOON

Contact Erica Thomas, LMFT for more info.
efthomasma@gmail.com or 707-206-8698

AD SUBMISSION GUIDELINES

Therapy Group Ads is a quarterly insert in the online editions of the Mar., June, Sept. & Dec. issues of RECAMFT's newsletter:
NEXT DEADLINE: November 1, 2023 (for DEC/JAN/FEB 2023-24 issue)

STEPS TO SUBMIT CLASSIFIED LINE ADS:

- (1) Renew OLD ads by emailing Renee and for payment follow **Step 5** below.
- (2) Format your **NEW** ad: Maximum 6 lines, 50 characters per line, including spaces and punctuation; avoid hyphens. **Please adhere to these limits.** Please do not add additional bold or caps to your ad.
- (3) Specify the section in for your **NEW** ad: Groups for Women; Groups for Men; Coed Groups; Children, Teens, Parenting (one section); Specialty Groups; Groups for Therapists; Consultation Groups; Workshops & Trainings.
- (4) Email **NEW** ads in body of email (NO ATTACHMENTS) to reneeowen@sbcglobal.net prior to deadline. Type **RECAMFT THERAPY GROUPS** in subject line
- (5) SUBMIT ONLINE PAYMENT SEE www.recamft.org/Purchase-Therapy-Group-Ads

STEPS TO SUBMIT DISPLAY ADS:

- (1) Renew OLD ads by emailing Renee and following **Step 5** above (**SUBMIT ONLINE PAYMENT**)
- (2) Email your NEW Display Ad to therapy@recamft.org (cc to reneeowen@sbcglobal.net) prior to deadline. Please type "**RECAMFT Therapy Groups Display Ad**" in the subject line & email copy of ad with online payment info to: reneeowen@sbcglobal.net

COST (LINE ADS):

RECAMFT (& MCAMFT) Members: \$20 first listing, \$10 each additional listing (in same issue).

Non-Members (& nonprofits, institutions, & agencies): \$25 first listing, \$15 each additional listing.

COST (DISPLAY ADS):

Half Page (3.5" x 9.5") = \$110

Quarter page (3.5" x 4.5") = \$60

QUESTIONS:

Line Ads - Renee Owen at reneeowen@sbcglobal.net

Display Ads – therapy@recamft.org