

KATHARINA KIENBOECK, LMFT

707.347.6546

kkienboeck@gmail.com

<http://www.TuneUpYourRelationship.com>

Mental Health professional with 20+ years of experience in counseling and teaching. Skilled at creating and implementing content and tailoring it to the needs of the audience. Excelling at facilitating learning and making people feel at ease. Outgoing, detail oriented, proficient at building relationships and working independently.

◇ EDUCATION

2017 M.F.T, California (License #141215)

2007 M.F.T, New York (License #000653)

2000 M.A. in Clinical Psychology, Antioch University Los Angeles

1998 B.A. in Liberal Studies, Antioch University Los Angeles

1994 First Diploma Certificate in Psychology, University of Vienna, Austria

◇ PROFESSIONAL EXPERIENCE—PSYCHOTHERAPIST

2021-current *Anti-Racism Salon for Mental Health Professionals*

2013-current *Private Practice in Sebastopol and via Telehealth*
-Working with couples, individuals and families

2011-2013 *Bucklew Programs, SCIL-IT Program, Santa Rosa, CA*
-Provided psycho-education, counseling, and crisis intervention for adults with severe and persistent mental illness to support living independently
-Collaborated with psychiatrists, doctors, nurses and social workers

2009-2010 *Benedictine Hospital, Mental Health Unit, Kingston NY*
-Worked as Activity Therapist within the acute and progressive MH Unit
-Created & facilitated groups & individual therapy
-Mentored medical students completing internships for their residency programs.

2003-2009 *Gateway Communities Ind. Chestnut Center, New Paltz, NY*
-Worked with adult clients struggling with chronic mental illness and severe trauma history; provided psychotherapy, case management and crisis assessment
-Mentored & evaluated graduate students for SUNY, New Paltz.

2002-2003 *Good Sheperd Center for Homeless Women, Los Angeles, CA*
-Provided psychotherapy and created community supports and activities

2000-2001 *Miracle Mile Community Practice, Los Angeles, CA*
-Psychotherapy with individuals and families.

1999-2000 *California Family Counseling Center, Encino, CA*
-Psychotherapy with adults, children, families, and couples

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◇ PROFESSIONAL EXPERIENCE—FACULTY

- 2001-2009 *Antioch University, Los Angeles, B.A./M.A. Adjunct Faculty*
Created and taught weekend workshops
- 2003-2004 *Columbia Greene Community College, New York, Adjunct Faculty*
Created and instructed Cultural Diversity and Child Development Courses
- 2000-2003 *Antioch University B.A. Adjunct Faculty and New Student Advisor*
-Taught required course for all incoming B.A. students that introduced issues of social justice, philosophies of education and critical thinking skills.
-Advised students to clarify academic goals, and develop personalized degree plans
-Worked with faculty to revise curriculum

◇ ADDITIONAL SKILLS

Languages: Fluent in English, French, and German (native)
International and cross-cultural experience

◇ PROFESSIONAL MEMBERSHIP:

California Association of Marriage & Family Therapists, Clinical Member
RECAMFT
RECAMFT Racial and Social Justice Committee Co-Chair