



## ***Laura Christine Strom, PsyD, LMFT***

Doctor of Psychology (PsyD)

MS Counseling, Gerontological Emphasis, Rehabilitation Credential

California Licensed Marriage and Family Therapist ♦ LMFT 49174

California Licensed Professional Clinical Counselor ♦ LPCC 149

Certified Rehabilitation Counselor ♦ CRC 00113822

Registered Play Therapist ♦ RPT 3178, National Provider ID 1730425653

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### **Résumé**

#### **Qualifications**

Specialized training in treating adults and children with posttraumatic stress disorder, brain injury, disabilities and accommodation recommendations for home, school and work settings, rehabilitation counseling, issues of deaf, late deafened and hard-of-hearing persons, hidden disabilities, autoimmune disorders, case/care management, older adults, Jungian sandplay therapy, human sexuality and gender identity, instruments, research, and play therapy with children.

#### **Education**

Doctor of Psychology (PsyD), CalSouthern.edu, with honors Dissertation: <i>Adapting Stanford Cue-Centered Therapy for Treatment of Young Children.</i>	Aug. 2019
Master of Science degree, Counseling/Gerontological Emphasis, San Francisco State University, with honors, GPA 3.97	May 2007
Bachelor of Arts degree, Psychology, minor in Counseling, SFSU San Francisco State University, cum laude	May 2005

#### **Certifications/Licenses**

Registered Play Therapist (RPT 3178)	Sep. 2016
National Provider Identification (NPI) # 1730425653	Dec. 2012
Certified Rehabilitation Counselor (CRC 00113822)	Nov. 2012
Licensed Professional Clinical Counselor (LPCC 149)	Sept. 2012
Licensed Marriage and Family Therapist (LMFT 49174)	Oct. 2010
PPS Credential Program, SFSU School Counseling Dept, All hours earned towards Pupil Personnel School Credential	May 2009
Deafness, Hard-of-Hearing Counseling Credential Program, SFSU	May 2009
Rehabilitation Counseling Credential Program (CRC), SFSU	May 2009
Nationally Certified Suicidologist, 60 hour training	Dec. 2004

#### **Employment**

Certified Rehabilitation Counselor, CRC 00113822	11/2012 – present
Licensed Professional Clinical Counselor, LPCC 149	09/2012 – present
Licensed Marriage and Family Therapist, LMFT 49174	10/2010 – present

*Specializations include short term trauma therapy (Stanford Cue-Centered Therapy), disability and accommodation recommendations with a specialty in brain injury, deafened or hard-of-hearing persons, and chronic illness/pain/hidden disabilities. Jungian Sandplay Therapy, Eye Movement Desensitization and Reprocessing Therapy (EMDR), Brainspotting.*

*Office location: 3442 Mendocino Ave., Suite A, Bldg. E., Santa Rosa, CA 95403. Phone: 707.889.9168.*

*Mailing: PO Box 353, Monte Rio, CA 95462.*

Lecturer, San Francisco State University, Counseling Department 2017—2019  
*San Francisco State University*  
*Master of Science Counseling Program*  
*Primary duties include teaching second year students internship/practicum, family therapy, and culminating experience projects (master's thesis). Part-time position, two classes/semester.*

Clinical Research Coordinator (Child Trauma Therapist) 2009 – 2011  
*Stanford Early Life Stress Research Program*  
*Department of Psychiatry and Behavioral Sciences*  
*Division of Child & Adolescent Psychiatry*  
*Primary duties include conducting therapy for children with posttraumatic symptoms per research protocol, psycho-education of traumatized children and their families under a 3 year grant program. Also see internship. 20 hr/week position.*

MSSP Supervising Care Manager 2009 – 2010  
*Rehabilitation Services of Northern California*  
*Multipurpose Senior Services Program (MSSP) – Contra Costa County, CA*  
*Primary duties included clinical/rehab supervision of a care team of 4 social work care managers, and 3 public health nurses serving 180 clients in Contra Costa County, CA.*  
*40 hour/week position.*

Care Manager 2007 – 2010  
*Masonic Outreach Services, Masonic Home for Adults*  
*Duties included case management and counseling for older adults and families. Issues of late deafened and hard-of-hearing adults, mobility, communication, cognitive deficits, grief and loss, family counseling, end-of-life. 40 hour/week position.*

Researcher/Counselor, Living After Loss, SFSU Research Project, Summer 2007

Chief Financial Officer/Partner, Heirloom Engravers, San Carlos, CA 1985-2003

District Traveling Manager, Things Remembered, (TX & CA) 1984-1985

Store Manager, Things Remembered, various locations (TX & CA) 1983-1985

### **Awards and Recognitions**

“CAMFT 2019 Outstanding Chapter Leader, Redwood Empire Chapter”, Feb. 2019, California Association of Marriage and Family Therapists, Chapter Leadership Conference, Hilton Hotel, Anaheim, CA.

“CAMFT 2014 Outstanding Chapter Leader, Redwood Empire Chapter”, March 2014, California Association of Marriage and Family Therapists, Chapter Leadership Conference, Dolce Hayes Mansion, San Jose, CA.

“The Graduate Distinguished Achievement Award”, May 2007, given to the top three graduates of each department based on faculty nomination, reviews, history and academic achievement. Highest and most prestigious award given to SFSU graduate students. Approximately 80 awards given out of 7000 grad students.

“The Peggy H. Smith Scholarship – Top Second Year Intern – Outstanding Work at a Field Placement and Outstanding Academic Achievement” Award, May 2007. Given to the top four students in the SFSU Counseling Department.

“*The Virginia Lee Block Scholarship – Top First Year Intern – Outstanding Work at a Field Placement and Outstanding Academic Achievement*” Award, May 2006. Given to the top four students in the SFSU Counseling Department.

### **Languages**

Conversational Spanish, including reading and writing

Basic Russian, including reading and writing

Basic Swedish, including reading and writing

Basic American Sign Language (ASL)

### **Memberships and professional organizations**

American Psychological Association, affiliate member (99884366), 2018-present

Association for Play Therapy (APT), member 2015 to present

California Association of Marriage and Family Therapists (CAMFT), 2005-07, 2010 to present.

Past President, 2016-2017

President, 2015-2016

President-Elect, 2014-2015

CAMFT Committee Service

Annual Conference & Continuing Education Planning Committee Chair,

2017 Conference, 2015-2016, 2016-2017

Executive Committee, 2014-2015, 2015-2016, 2016-2017

Chapter Advisory Council, Board Liaison, 2014-2015

Nominating Committee Chair, 2016-2017

Political Action Committee, 2014-2015, 2015-2016, 2016-2017

Strategic Planning Committee, 2015-2016, 2016-2017

CAMFT Educational Foundation Board of Directors

Chair, 2016-2017

Vice-Chair, 2015-2016

Member, 2014-2015

Redwood Empire California Association of Marriage and Family Therapists (RECAMFT)

RECAMFT was the 2018 Chapter Excellence Award Winner for Community Outreach

RECAMFT was the 2014 Chapter Excellence Award Winner (top chapter of CAMFT)

Disaster Response Team Member, 2016—present

Secretary—2017—2020

Technology and Communications Committee Chair—2015—present

Past President—2015, 2023

President—2014, 2022

Acting President—May 2013-Oct. 2013, 2021

President-Elect—2013, 2021

Member—November 2012 to present

California Communications Access Foundation (CCAF), which over sees all Deaf/Disabled communications in the State of California including the California Telephone Access Program (CTAP) and the Deaf/Disabled Telecommunications Network.

CCAF Board of Directors Member 2009 to May 2013

CCAF Board Secretary 2011-2013

CCAF Compensation Committee Chair 2011-2013

### **Professional presentations**

Strom, L. (2018). “*Introduction to Stanford cue-centered therapy – a short-term, evidence-based trauma treatment*”. Sacramento Valley Chapter California Association of Marriage and Family Therapists. November 2, 2018. Rancho Cordova, CA.

- Strom, L. (2018). “*Clinicians as sleuths: Uncovering hidden brain injury (BI) in our patient/clients, and latest research findings on how to help*”. Redwood Empire California Association of Marriage and Family Therapists. January 5, 2018. Santa Rosa, CA.
- Strom, L. (2015). “*Effective trauma treatment*”. Inland Empire California Association of Marriage and Family Therapists. January 30, 2015. Redlands, CA.
- Strom, L. (2014). “*Short-term effective youth trauma treatment*”. Sacramento Valley California Association of Marriage and Family Therapists. September 19, 2014. Sacramento, CA.
- Strom, L. (2014). “*Posttraumatic and anxiety symptom relief in trauma survivors: Strategies that work*”. Brain Injury Association, Annual Conference. March 20, 2014, Timonium, MD.
- Strom, L. (2013). “*Effective treatment strategies for traumatized youth*”. Eastern Illinois University, Keynote speaker, 34th Annual Spring Conference. February 22, 2013. Charleston, IL.
- Strom, L. (2013). “*Effective trauma treatment*”. Redwood Empire California Association of Marriage and Family Therapists, December 13, 2013.
- Doherty, C., Orozco, G. & Strom, L. (2013). “*Retrospective research of the transgender experience during adolescence: Implications for school counselors*”. National Transgender Health Summit, May 17, 2013, Oakland, CA.
- Strom, L. (2012). “*Treating children with posttraumatic stress disorder in a school based setting: An introduction to Stanford Cue Centered Treatment*”. Presented at the national American Counseling Association Convention, San Francisco, CA.
- Strom, L. (2011). “*Treating children with posttraumatic stress disorder in a school based setting*”. Presented at the national American Counseling Association Convention, New Orleans, LA.
- Strom, L. (2009). “*Horses as healers: Equine facilitated therapy for grieving children*”. Presented at the National American Counseling Association Convention, Charlotte, NC.
- Bidell, M., Orozco, G. & Strom, L. (2009). “*Transgender experience during adolescence: Retrospective survey research for school counselors*”. Presented at the National American Counseling Association Convention, Charlotte, NC.
- Chope, R. & Strom, L. (2008). “*Critical considerations in career and employment counseling with transgender clients*”. Presented at the National American Counseling Association Convention, Honolulu, HI.

### **Publications**

- Strom, L. (2019). “Book review: *The Deepest Well: Healing the Long-term Effects of Childhood Adversity*”. *The Therapist: Magazine of the California Association of Marriage and Family Therapists – January/February 2019*: San Diego, CA.
- Strom, L. & Van Leeuwen, D. (2017). “Redwood Empire CAMFT holds a sacred space for community affected by the Northern California fires”. *The Therapist: Magazine of the California Association of Marriage and Family Therapists – November/December 2017*: San Diego, CA.
- Strom, L. (2017). “Book review: *Cue-centered therapy for youth experiencing posttraumatic Symptoms*”. *The Therapist: Magazine of the California Association of Marriage and Family Therapists – March/April 2017*: San Diego, CA.
- Strom, L. (2016). “Situational/stress-related symptoms or serious depression: What’s the difference?” *NAMI Advocate*, Fall 2016. Arlington, VA: NAMI.org.
- Strom, L. & Van Buuren, G. (2015). “CAMFT Members Respond to Valley Fire Challenges”. *The Therapist: Magazine of the California Association of Marriage and Family Therapists – November/December 2015*: San Diego, CA.

*For numerous other publications and CV—see website: <http://LauraCStrom.com>*