



**Disillusioned  
post fire?  
Overwhelmed?**

**You're not  
alone.**

## **Community Support Groups for Fire Survivors - FREE**

**Led by Licensed Marriage and Family Therapists**

Are you feeling disillusioned as a result of the impact of the fire on your life? Are you overwhelmed by the tasks you face? Does it feel like you will never get through this? Sharing with those who have suffered similar losses can help. The group is limited to those who have experienced those losses (home, car, pet, loved one, business) firsthand.

- Sat., March 3, 2018, 3:00 to 4:30 PM
- Sat., March 10, 2018, 3:00 to 4:30 PM
- Sat., March 17, 2018, 3:00 to 4:30 PM
- Sat., March 24, 2018, 3:00 to 4:30 PM
- Sat., March 31, 2018, 3:00 to 4:30 PM
- Location: [Catholic Charities](#), at 987 Airway Court in Santa Rosa. Map [here](#).

Please register for one or more groups at [RECAMFT.org](http://RECAMFT.org). For more information or questions please send an email to [therapy@recamft.org](mailto:therapy@recamft.org). **However if you are unable to pre-register, please just come and join us.** Learn more online: <http://recamft.org/Current-Events>



Empowering relationships...

**Redwood Empire Chapter**

of California Association of Marriage and Family Therapists