

Walk and Talk

Coordinated by Ally Shamseldin AMFT, APCC
and Debbie Melmon, LMFT

Do you want to network? Engage in collaborative conversation while enjoying the beauty of nature?

Walk and Talk brings together interested associates and RECAMFT LMFTs for a fun and relaxing hike at local regional parks. Associates will enjoy the beauty of nature and the camaraderie of walking together. Each walk will feature a different LMFT willing to share their orientation, clinical expertise and wisdom.

Once RECAMFT registration is confirmed, you will receive an email confirmation.

- Register for each walk separately
- Walk and Talk will meet on the first and third Saturday of each month from 10am-12pm
- We will meet at Debbie Melmon's office and therapy barn which is located near Ragle Ranch Park. The address is:

8325 Candy Apple Ln.
Sebastopol 95472

Questions? therapy@recamft.org

February 1

February 15

March 7

March 21

April 4

April 18

May 2

May 16

June 6

June 20